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UHS 2021 : Soft Skills II

MUSLIM'S SPIRITUAL INTELLIGENCE

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Communitising Technology

Learning Objectives



By the end of this session students should be able to :

- * identify the actual objectives of life
- * describe the responsibility as a servant of Allah
- * demonstrate selected basic practices of Islam

What is Spiritual Intelligence?



**is how
we put
meanings in
our lives and
our place
in the world**

Spiritual Intelligence Awareness



1. **“Who am I?”**
2. **“What is the purpose of life?”**
3. **“What really matters?”**

Muslim's Spiritual Intelligence



- 1. Servant of God and vicegerent (*Khalifah*)**
- 2. To worship Allah SWT**
- 3. To seek Allah's pleasure**

Characteristics of Spiritual Intelligence

- * Honest
- * Forward-looking
- * Inspiring
- * Competent
- * Fair
- * Supportive
- * Open-minded
- * Intelligent
- * Straightforward
- * Courageous

How to increase your Spiritual Intelligence?

1. Prayer

قَدْ أَفْلَحَ الْمُؤْمِنُونَ ﴿١﴾ الَّذِينَ هُمْ فِي صَلَاتِهِمْ خَاشِعُونَ ﴿٢﴾

*TRULY, to a happy state shall
attain the believers.
Those who humble themselves
in their prayer.
(23: 1-2)*



2. Remembrance of Allah

الَّذِينَ آمَنُوا وَتَطْمَئِنُّ قُلُوبُهُمْ بِذِكْرِ اللَّهِ أَلَا بِذِكْرِ اللَّهِ
تَطْمَئِنُّ الْقُلُوبُ (13:28)

Those who believe, and whose hearts find their rest in the remembrance of God - for, verily, in the remembrance of God [men's] hearts do find their rest. (13:28)

3. Avoid sinful act



Spiritual Intelligence and Good Health

- Research shows that positive attitude can improve human's health. It can increase longevity
 - Report on healthcare research shows alternative medicine techniques like meditation and prayer can alter the course of terminal illness, reduce medical treatments and minimize hospital stays.

Does spiritual intelligence drive success in workplace?



Conclusion



- Spiritual Intelligence is important to realign human's goal in life
- Students with high spiritual intelligence have more good characteristics.
- With high spiritual intelligence a worker can perform more.



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