

READING SKILLS

Learning Activity 5

ACTIVITY 1

IDENTIFY THE MAIN IDEAS AND SUPPORTING DETAILS

Read the paragraphs, label the underlined phrases or sentences according to the following elements. Fill in the table.

A: Topic Sentence

B: Supporting Reason

C: Example

Paragraph 1

Several factors can interfere with having a good memory. For one thing, there can be a lack of motivation. Without a real desire to learn or remember something, you probably will not remember. Another factor is a lack of practice. To stay sharp, memory skills, like any other skill, must be used on a regular basis. Self-doubt can also hurt memory. If you are convinced you will not remember something, you probably won't. In addition, distraction can interfere with memory. If you are distracted by a television or by conversation nearby, try to find a quiet environment before trying to commit something to memory.

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Topic Sentence	
Supporting Reasons	
Example	

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Paragraph 2

People lie for different reasons. One common reason is to avoid hurting someone's feelings. For example, a friend might ask, "Do you like my new haircut?" If you think it is ugly, you might still answer, "Yes." Another common reason for lying is to avoid a fight. Say a friend angers you and then asks, "Are you upset with me?" You might answer, "No," to avoid an argument. People also lie so that they will fit in, as when you listen to a boring person and politely say, "That's interesting." In addition, people lie to avoid spending more time with someone. For instance, you might lie, "I have to go now."

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Topic Sentence	
Supporting Reasons	
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